27th March 2020
SCOPE School Chicago
Obesity and Cardiovascular Disease: can we break the cycle?

09:00 – 09:30 Registration & Coffee

09:30 – 09:45 Opening Remarks
Chair: John Wilding & Francisco Lopez-Jimenez

09:45 – 10:15 Introduction to Obesity: Epidemiology of obesity and cardiovascular disease
John Wilding

10:15 – 10:45 Why do cardiologists need to pay attention to obesity?
Francisco Lopez-Jimenez

10:45 – 11:00 Tea Break

11:00 – 11:45 Obesity as a risk factor for heart disease
Carl Lavie

11:45 – 12:00 Q & A, Audience Interaction

12:00 – 12:30 Obesity, obstructive sleep apnoea, type 2 diabetes mellitus & CVD: a lethal combination
John Wilding & Ada Cuevas

12:30 – 12:45 Q & A, Audience Interaction

12:45 – 14:00 Networking Lunch

14:00 – 14:45 Panel Discussion: Controversies and Paradoxes: does the obesity paradox exist? Is there such a thing as healthy obesity?
Moderators: John Wilding & Francisco Lopez-Jimenez
Panellist: Carl Lavie

14:45 – 15:15 Clinical Approaches: What are the challenges in managing patients with obesity and cardiac conditions?
Harold Bays & Ted Kyle

15:15 – 15:30 Q&A, Audience Interaction

15:30 – 16:00 Treatment options for obesity and their effects on the cardiovascular system I
Robert Kushner
/ Behavioural-cognitive approaches

16:00 – 16:30 Treatment options for obesity and their effects on the cardiovascular system II
Harold Bays
/ Medication

16:30 – 17:00 Treatment options for obesity and their effects on the cardiovascular system III
Carel Le Roux
/ Surgery

17:00 – 17:15 Q&A, Audience Interaction

17:15 – 17:30 Concluding Remarks
John Wilding & Francisco Lopez-Jimenez

This programme is partially supported by an unrestricted medical education grant from Novo Nordisk A/S.

Contact us for more information about SCOPE

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